

# SAFECARE OUTCOMES Fiscal Year 2022/23

- Close to 500 children & families served annually.
- 97% of families served showed no findings of child abuse six months post-completion of services.
- 100% of children were maintained within the family home preventing entry in the foster care system.
- 100% of individuals increased positive parenting outcomes by comparing pre and post assessment observation checklist results.

"It is easier to build strong children than to repair broken adults".

### **OUR MISSION**

To provide safe haven, mental health, preventative care and life skills for at-risk children and families.

## **SAFECARE REFERRALS**

Behavior Basics, Inc. Call: (772) 463-0444

Email: info@behaviorbasicsinc.com

Visit: <u>behaviorbasicsinc.com</u>

For more information about Hibiscus Children's Center SafeCare Program 772.340.5044, Ext. 417

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# SafeCare Helps Change the Lives of Families

(Names changed for privacy)

James was referred to the SafeCare Program as a part of his case plan requirements for the Department of Children and Families. He regained custody of his 4-year old son Ryan after he had been in foster care for six months. James was determined to do everything he could to care for his son appropriately. He was encouraged when the SafeCare Parent Coach (PC) began working with him as his parenting skills were limited. Ryan did have some behavioral challenges and James also struggled with getting him to bed at a proper time which resulted in difficult mornings.



James shared how grateful he is for the newly learned skills and felt encouraged by the changes in Ryan's behavior.

The PC began teaching SafeCare Module Parent Child Interactions (PCI). The SafeCare Program entails three modules - Parent Infant/ Child Interactions, Health, and Safety. The PC modeled desired skills to include preparing in advance for an activity, explaining the activity to Ryan, saying what you expect and what will happen, talking about the activity and what you are doing using incidental teaching when possible, using good physical interaction skills, giving choices throughout the activity, praising desired behaviors, redirecting misbehavior, and transitioning to another activity. James was given ample opportunities to practice learned skills after they were modeled to him and did a great job implementing these skills with Ryan.

Ryan's behavior significantly improved and he began to look for expectations from his father and respond appropriately. James has stated multiple times how grateful he is for these newly learned skills and he is encouraged by the changes in Ryan's behavior. As a result, James and Ryan have a more stable home and loving and safe environment.

# HIBISCUS CHILDREN'S CENTER SAFECARE PROGRAM

Every child, every day, for a better tomorrow.

#### THE PROGRAM

SafeCare is an evidence-based training program serving parents who are atrisk or have been reported for child abuse and neglect in the St. Lucie community. SafeCare services are targeted to families that have one or more risk factors, including families with substance abuse or domestic violence issues, teenage parents, parents of special needs children, single parents, and low-income families through at-home parent education and training.

The program that has been successfully implemented in other parts of the country and has been shown to be effective for families struggling with substance use, intimate partner violence, and depression - all factors that increase the risk of child abuse and neglect.

The SafeCare training format is based on well-established social learning theory and evidence from previous research.

### **PROGRAM OBJECTIVES**

SafeCare provides home-based prevention services with an individual or family focus that include assessment, case planning, case management, education, and/or skill building that have been shown to be effective in preventing child abuse.

The four essential components of SafeCare include:

- ♦ Parent-infant interaction
- ♦ Parent-child interaction
- ♦ Home Safety
- ♦ Child Health

In-home Parent Coaches will work with families with the goal to increase parental knowledge and skills related to improving parent-child interactions and reducing difficult child behaviors, reducing the risk of unintentional injury by removing home hazards and improving parental supervision, and making strategies aimed at reducing medical neglect.



### **COMMUNITY COLLABORATION**

The program is a collaborative program between Hibiscus Children's Center and Behavior Basics, Inc.

Hibiscus Children's Center has been providing professional life-saving services to children for over 35 years across the Treasure Coast through residential, mental health, prevention and intervention services.

The mission of our collaborative partner, Behavior Basics, is to sustainably improve the quality of life for each of our clients and their families through education, training and ongoing services.

Together, we will help prevent child abuse, strengthen families and our community.