



giving

YOU make the difference

In 1985, Hibiscus Founder LaVaughn Tilton had a dream to protect children. Her hearts cry said, "What about the children?"

Our generous community responded and Hibiscus began providing a safe haven to abused children. After three decades of service, we have grown tremendously to include our residential programs, the Shelter and the Village, and Mental Health Services to help children recover.

YOUR generosity has made a difference to children and youth traumatized by abuse. They have now found safety, love and healing.

All because of YOUR support.
Thank you for helping children heal.

OUR MISSION

To maintain a safe shelter for children who are abused, abandoned and neglected by providing prevention, early intervention, and advocacy in quality residential, assessment and recovery programs.

Hibiscus Children's Center

Community Mental Health Services
SunTrust Building
130 S. Indian River Drive, Suite #308
Fort Pierce, FL 34950
772.340.5750, ext. 435

Mailing Address:
P.O. Box 12489
Ft. Pierce, FL 34979

**Okeechobee County
Community Mental Health Services
Parents as Teachers Program**
605 SW Park Street
Okeechobee, FL 34972
863.467.1166

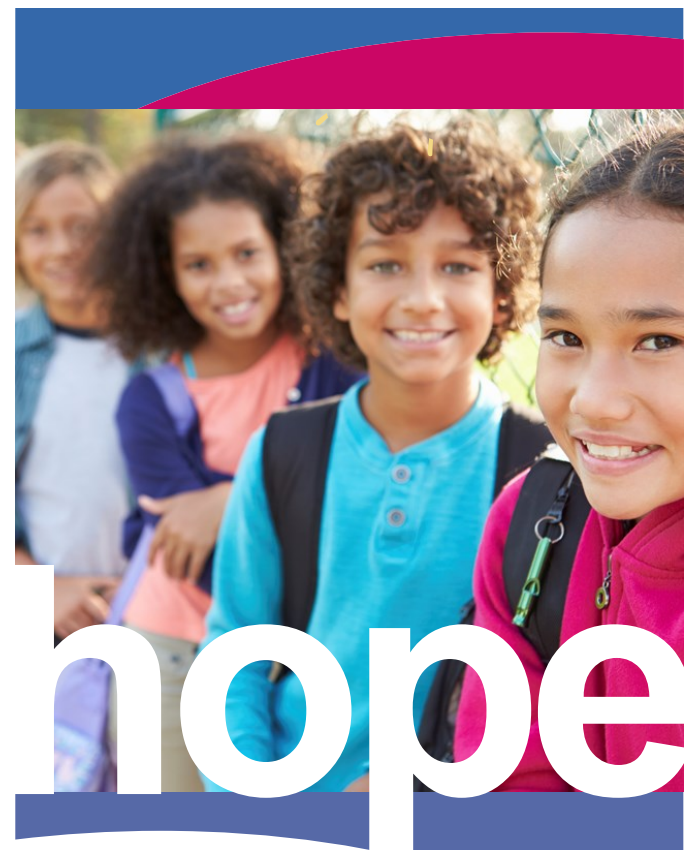
Or visit our website:
HibiscusChildrensCenter.org



sexual abuse treatment program
Children's Medical Services



Hibiscus Children's Center
Saving Children Since 1985



hope

Helping children & youth find HEALING

Mental Health Services

the big picture: building stronger futures for our children

Hibiscus Children's Center provides each child in our programs with services designed to reach identified treatment goals and objectives through a trauma-informed approach utilizing the **Sanctuary Model**.

As an organizational culture intervention, it is designed to facilitate the development of structures, processes, and behaviors on the part of staff, children and the community-as-a-whole that can counteract the biological, affective, cognitive, social, and existential wounds suffered by the victims of traumatic experience and extended exposure to adversity.



In Cindy's words "I want to tell the staff that helped and cared for me while being at hibiscus, thank you for believing in me".

Cindy (name changed) came to Hibiscus as an angry and hurt young girl. After working closely for almost a year with a Mental Health Therapist and staff, Cindy turned around completely by reducing her anger and aggression. She strived to make positive choices when faced with negative peer pressure. The staff celebrated with Cindy when she was awarded "Student of the Month"!

caring
love
healing
can produce
**big
changes**



Mental Health Services
Community Mental Health Service
offices located in St. Lucie and
Okeechobee Counties.



Our Children

Children in the Hibiscus Shelter, Village and Sanctuary4Kids receive professional mental health services on a regular basis to help them recover from the trauma of abuse.

Community Mental Health services are provided to children in the community on the Treasure Coast and in Okeechobee County.

Our Staff

Our clinical staff consists of mental health professionals with a wide range of experience and expertise in child and family therapy. Our licensed therapists are trained in a variety of age appropriate and best practice treatment interventions including Play Techniques, Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Cognitive Behavioral Therapy (CBT), Child-Parent Psychotherapy (CPP), and Eye Movement Desensitization Reprocessing (EMDR).

Mental Health Services

Professional services are provided to children and youth in our residential programs and community mental health. Hibiscus specializes in the treatment of trauma-based disorders, behavioral health, infant mental health, and healing victims of sexual abuse. The children also receive psychiatric services such as medication management in conjunction with our counseling services to ensure the best outcomes.

Infant Mental Health

Serves children ages birth to 5 years and their caregivers to strengthen bonding and attachment issues as well as enhancing parenting techniques. Understanding infant mental health is the key to preventing and treating the mental health problems of very young children and their families. It also helps guide the development of healthy social and emotional behaviors.

Sexual Abuse Treatment Program

Specialized treatment services for children in our residential programs and in the community who are victims of sexual abuse, as well as for their families. We help families recover, working to prevent further sexual victimization while enabling families to develop healthy, non-abusive relationships.

Hibiscus Children's Center is the only Florida Department of Health sanctioned Sexual Abuse Treatment Program on the Treasure Coast and Okeechobee County.

Parents as Teachers Program Okeechobee County Community Services

A parent education home-visiting program aimed at providing parents with child development knowledge and parenting support.