

HIBISCUS NEWS

May 2020 Newsletter



During "Mental Health Awareness Month " ... and every day ... Hibiscus Children's Center provides professional mental health counseling to children in our residential programs and to children in the community.

Children living in the Hibiscus Shelter and Village receive therapeutic services on a regular basis through individual, group and play therapy, to help them recover from the trauma of abuse and begin the healing process. Hibiscus also offers individual counseling to children (and their families) living in the community. Last year, the agency provided individual counseling services to 720 children and families in Indian River, St. Lucie, Martin and Okeechobee Counties. Hibiscus specializes in the treatment of trauma-based disorders, infant mental health and healing victims of sexual abuse. The children also receive psychiatric services in conjunction with our counseling services to ensure the best outcomes.

Trauma Informed Care is a critical component of our services. Hibiscus Children's Center provides each child with services designed to reach identified treatment goals and objectives through a trauma-informed approach utilizing the Sanctuary Model. Hibiscus is a leader in the provision of specialized treatment services for children who are victims of sexual abuse in our residential programs and in the community. We help families recover, working to prevent further sexual victimization while enabling them to develop healthy, non-abusive relationships.

Hibiscus Children's Center provides the only Dept. of Health sanctioned Sexual Abuse Treatment Program on the Treasure Coast and Okeechobee County

For more information about our services, please visit: HibiscusChildrensCenter.org.



CHLOE'S STORY (*Name changed due to privacy)

*Chloe came to the Hibiscus Shelter in Jensen Beach, feeling depressed, anxious, fearful and abandoned. Her mother had a serious illness that prevented Chloe from seeing her. During this frightening time for Chloe, a Hibiscus Mental Health Counselor worked closely with her to help her process and cope with the difficult circumstances in her life. Over 18 months, the Counselor was able to successfully reestablish the connection between Chloe and her mom. Chloe was excited to talk and visit with her mom again. As progress was made, unsupervised and weekend visitations occurred that eventually contributed to a successful reunification between Chloe and her mom.

The Hibiscus Counselor continued to work with Chloe through reunification twice a week, including family sessions. The family has put the pieces of their lives back together again through communicating effectively, working together

and solving problems. They have learned to build trust and respect for one another and the bond between them has increased immensely. They are keeping each other safe and feeling loved. We thank our counselors who help put pieces back together for families each and every day and we thank you for supporting us in this mission. *Thank you!*



May is LEAVE A LEGACY MONTH

Hibiscus Children's Center Legacy Society Planting the seeds of tomorrow, today.

Through your gift to the **Hibiscus Children's Center Legacy Society**, we can ensure that all children served by Hibiscus' programs are given the opportunity to build a positive foundation for their future. By joining the Legacy Society, you are providing hope for a better future for all children that come through our doors. A Legacy occurs when the values of an institution align with a donor's own values to the extent that it becomes the donor's belief that these values should be preserved for the future.

To learn more about legacy building options, contact Michelle King, Chief Development Officer, at (561) 452-5791 or via email: MKing@hcc4kids.org.

Please click here to visit our Legacy webpage.

GIVING TUESDAY

HibiscusChildrensCenter.org

TODAY IS "GIVING TUESDAY"

Today, May 5, is a new global day of giving as an emergency response to COVID-19. During this time, we are all facing unprecedented challenges including the vulnerable children we serve.

Hibiscus Children's Center would like to take this opportunity to say **THANK YOU** to our supporters who have been with us every step of the way. You have generously shown your support and love for our children and we are so grateful for your continued dedication and partnership. We couldn't accomplish our mission without **YOU!**